**CAREER AND PERSONALITY ASSESSMENTS**

An administered personality and interest assessment can help you develop a career goal that best suits your interests.

*(****$20*** *fee associated with assessment)*

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| **Myers-Briggs Type Indicator** **MBTI-----Personality (TYPE-4 letters)** **Has a Career Component** | **STRONG Interest Inventory** **STRONG----Interest (CODE-3 letters)** **Created for Careers** |
| 50 Most often selected careers20 Least often selected careers | Top 5 Interest areasTop 10 Strong occupations5 Personal Style Scales |
| Measures:Extraversion (E) -------------------------- Introversion (I)Sensing Perception (S) ------ Intuitive Perception (N)Thinking Judgment (T) --------- Feeling Judgment (F)Judging (J) ---------------------------------- Perceiving (P)*Note:* Looks at everything, fit based on personality. | Measures:Realistic (R)Investigative (I)Artistic (A)Social (S)Enterprising (E)Conventional (C)*Note*: Looks at interest. Do you like or are interestedIn an area. |
| Undecided | Undecided |
| Exploring other options, looking for more | Narrow down, specific taste |
|  | Useful in exploring other options if it’s not a good fit with exercise. |

**Instructions for Assessment:**

* Schedule Pre-Assessment appointment with Lauren Cavicchi through Handshake, Email: lcavicchi@fiu.edu or phone: 305-348-2264
* 30-45min
* NO disruptions
* Morning-clear mind
* No activities that may influence their responses before taking the assessment

**Questions to determine which career assessment is right for you:**

* Would you like to explore careers (MBTI) or determine or narrow down your career from certain

choices (STRONG)?

* Have you done research and still have no clues or undecided (MBTI) or have you done some

research and still undecided but considering certain areas or have specific taste (STRONG)?

* Would you like to expand and look at other options (MBTI) or narrow down to a specific area or

possible careers (STRONG)?