

Semester-by-Semester Guide and Tips for Getting the Internship



Robert Stempel College
of Public Health
& Social Work

	Fall	Spring
Freshman Year	<ul style="list-style-type: none"> Attend the college Program Orientation Start gaining dietetic related experiences by volunteering and shadowing dietitians Join Student Dietetic Association (SDA) and other professional organizations and get involved Get to know professors and go to office hours 	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i>
Sophomore Year	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> Seek out research and work experiences in areas related to your desired field 	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> <i>Seek out research and work experiences in areas related to your desired field</i>
Junior Year	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> <i>Seek out research and work experiences in areas related to your desired field</i> Attend Internship Workshop Begin looking at programs (graduate/internship) you might be interested in: start with reviewing the Applicant Guide to Supervised Practice on reserve at FIU Libraries Begin working on resume and personal statements 	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> <i>Seek out research and work experiences in areas related to your desired field</i> Attend Internship Workshop Continue working on personal statement and resume Continue looking at programs (graduate/internship) you might be interested in
Senior Year	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> <i>Seek out research and work experiences in areas related to your desired field</i> Narrow down programs you might be interested in applying to Read all requirements carefully Attend open houses for programs you are interested in and other networking events Continue working on personal statement and resume Ask in person for letters of recommendations one month ahead of your deadline (bring personal statement and resume) If interested in a graduate program that requires the GRE, study for and take GRE If interested in distance internships, identify preceptors and start gathering required paperwork 	<ul style="list-style-type: none"> <i>Continue volunteering and shadowing dietitians</i> <i>Continue involvement in SDA and other professional organizations</i> <i>Get to know professors and go to office hours</i> <i>Seek out research and work experiences in areas related to your desired field</i> CHECK ALL DEADLINES FOR INTERNSHIP/ GRADUATE PROGRAMS Apply to specific programs <p>If applying through MATCH:</p> <ul style="list-style-type: none"> Apply to the Dietetic Internship Central Application Service (https://portal.dicas.org) Register for DI match through D&D Digital (https://www.dnddigital.com)

Notes: 1) Maintain high GPA EVERY semester—pay special attention to Science and DPD coursework;
2) Keep work samples throughout for Career Portfolio

--edited CC and JAM 8/19/19